



**Office of Life,  
Justice & Peace**  
Archdiocese of Los Angeles

## CATHOLICS RESPONDING TO COVID-19

<https://lacatholics.org/hearts-serve/>

### I CAN HELP:

- **Volunteer**
  - *If you are under the age of 60 and able to, consider helping at a local food pantry or deliver groceries to the home-bound. Call your parish to find out more information.*
- **Donate to the parish or other organizations**
  - *Parishes rely on your donations to keep them running and pay employees, but also to assist those in need*

### I NEED HELP:

- **Financial Assistance**
  - *Call the number below or contact your parish and ask to speak with someone about the Cardinal McIntyre Fund, CCHD Kindness Grants, or St. Vincent de Paul*
- **Food and other necessities**
  - *To find a food pantry, call us or go to [lafoodbank.org](http://lafoodbank.org)*
  - *Please call the hotline listed below and we will do our best to help get groceries to you*

**HOTLINE 855-423-6780**

[lacatholics.org/emergency](https://lacatholics.org/emergency)